



The **All Clear Foundation** is committed to providing the Emergency Response community (career and volunteer) an easily accessible and navigable system of supports and tools that improve their life expectancy and wellbeing— from hire through retirement. We invite you to explore our solutions:

ResponderStrong – Our mental health and resiliency ecosystem for responders and their families designed to improve awareness, spark conversation, guide to vetted clinical resources, and provide tailored educational content including relationship and communication skills, occupational mental health and suicide awareness, and resiliency skills. ResponderStrong.org

ResponderRel8 – Our confidential app that provides Responders and Frontline Medical Workers with a safe place to connect and chat anonymously with each other. Available 24/7, ResponderRel8 provides a platform to connect with others who have similar lived experience, normalizing the responses to the job while increasing a sense of connection. Available in the U.S. and Canada via the Apple, Google, and FirstNet app stores. ResponderRel8.com

YOU | ResponderStrong – A free, confidential wellness tool available to Frontline Medical Workers, Emergency Responders, and their families. Burnout has been identified as one of the greatest challenges of frontline workers and their families. Consistent self-care practices integrated into daily routine are an effective way to boost resiliency and heal. This browser-based tool allows users to create their own self-guided experience via private self-assessments; vetted, evidence-based wellness content; personal testimonials; and support resources. You.ResponderStrong.org

Responder and Family Resource Database – A comprehensive database of vetted resources compiled by the All Clear team. The Database includes organizations, programs, resources, and tools benefiting First Responders and their families. AllClearFoundation.org/Resources

Responding to Relationships – Created in partnership with the Center for Relationship Education, this program offers more than 40 relationship and communication skill modules tailored to the Emergency Responder experience. Content is available in a variety of formats including in-person, train the trainer, and web-based. Positive impacts from this education and experience are seen in both the workplace and home life. MyRelationshipCenter.org

Crisis Text Line – Responders across the country can text BADGE to 741-741 to connect confidentially with a trained crisis counselor. Help for any crisis is available 24/7 through this easily accessible and confidential solution.

Strategic Partnerships: We continue to identify and work with strategic partners to amplify our impacts on the overall wellness of Responders and their families. Engaged partners include: Sigma Tactical Wellness, the Center for Relationship Education, the National Emergency Responder and Public Safety Center, the National Mental Health Innovation Center, AT&T FirstNet, and Global Medical Response.

To learn more, visit us at
AllClearFoundation.org