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RESPONDERSTRONG™



LEADSTRONG

ResponderStrong Leadership & Mental Health Training

Responders consistently face intense stress, trauma exposure, and operational pressure. LeadStrong is a sustainable, culturally aligned, leadership training program that delivers:

- Increase retention and decrease turnover across Responder agencies
- Improve recruitment and job satisfaction
- Better performance and communication, and lower rates of safety incidents
- Builds stronger teams and trust in leadership
- Improves long-term wellbeing for Responders

Who Should LeadStrong?

Mid-level leaders are the heartbeat Responder wellness culture. LeadStrong equips mid-level leaders and supervisors to **recognize, support, and intervene** when personnel face mental health or stress-related challenges.

What You'll Learn

- **Evidence-Based Training:** Field-tested, research-supported leadership and resilience curriculum designed specifically for Responder environments.
- **Practical Intervention Tools:** Real-world techniques to identify early distress indicators and act before crises escalate.
- **Burnout & Stress Reduction Strategies:** Proven methods to reduce fatigue, compassion exhaustion, and turnover - improving retention and team stability.
- **Enhanced Communication Skills:** Training in empathetic, effective, trauma-informed conversations that strengthen trust and morale.
- **Collaborative Customization:** Tailored program design to reflect your agency's culture, needs, and operational demands.

LeadStrong at Your Agency

Sign up for this free training now at: bit.ly/RSLeadStrong

SCAN HERE
TO REGISTER:



Idaho State Police

700 South Stratford, Meridian, Idaho 83642

Thursday, April 16, 2026



0830 - 1230



Sponsored By:

